

Physical Performance Training with Coach Glenn Vercauteren - Approx 45 minutes

Date	Day	PP Time	Team	Regular Coach	Regular Practice That Day	Rotation Cycle
Aug 25, 2026	Tuesday	6:00 PM	U-12 Boys	Nuno Marques	No regular practice that day	1
Aug 25, 2026	Tuesday	6:45 PM	U-12 Girls	Marcone Oliveira	No regular practice that day	1
Aug 25, 2026	Tuesday	7:30 PM	U-10 Girls	Steven Castro	6:00 PM	1
Aug 25, 2026	Tuesday	8:15 PM	U-17 Girls	Hassan Jaddaoui	No regular practice that day	1
Aug 27, 2026	Thursday	6:00 PM	U-17 Boys	Jose Fiallos	7:30 PM	1
Aug 27, 2026	Thursday	6:45 PM	U-16 Boys	Nuno Marques	7:30 PM	1
Sep 1, 2026	Tuesday	6:00 PM	U-11 Boys	Kevin Allaar	No regular practice that day	1
Sep 1, 2026	Tuesday	6:45 PM	U-11 Girls	Benjamin Cooper	No regular practice that day	1
Sep 1, 2026	Tuesday	7:30 PM	U-10 Boys	Roger Dominguez	6:00 PM	1
Sep 1, 2026	Tuesday	8:15 PM	U-11 Girls	Holger Jung	6:00 PM	1
Sep 3, 2026	Thursday	6:00 PM	U-16 Boys	Kevin Allaar	7:30 PM	1
Sep 3, 2026	Thursday	6:45 PM	U-15 Boys	Johan Santos	7:30 PM	1
Sep 8, 2026	Tuesday	6:00 PM	U-9 Girls	Steven Castro	No regular practice that day	1
Sep 8, 2026	Tuesday	6:45 PM	U-9 Boys	Paul Garraputa	No regular practice that day	1
Sep 8, 2026	Tuesday	7:30 PM	U-10 Boys	Leo Camacho	6:00 PM	1
Sep 8, 2026	Tuesday	8:15 PM	U-11 Boys	Franky Rivas	6:00 PM	1
Sep 10, 2026	Thursday	6:00 PM	U-15 Boys	Holger Jung	7:30 PM	1
Sep 10, 2026	Thursday	6:45 PM	U-15 Boys	Corey Wilt	7:30 PM	1
Sep 15, 2026	Tuesday	6:00 PM	U-9 Boys	Marc Lerebours	No regular practice that day	1
Sep 15, 2026	Tuesday	6:45 PM	U-9 Girls	Jenn Fees	No regular practice that day	1
Sep 15, 2026	Tuesday	7:30 PM	U-10 Boys	Chris Moyssidis	6:00 PM	1
Sep 15, 2026	Tuesday	8:15 PM	U-11 Boys	Rafael Souza	6:00 PM	1
Sep 17, 2026	Thursday	6:00 PM	U-14 Boys	Hernan Corrales	7:30 PM	1
Sep 17, 2026	Thursday	6:45 PM	U-14 Boys	Glenn Vercauteren	7:30 PM	1
Sep 22, 2026	Tuesday	6:00 PM	U-9 Boys	Glenn Vercauteren	No regular practice that day	1
Sep 22, 2026	Tuesday	6:45 PM	U-8 Boys	Lu Lopez-Navarro	No regular practice that day	1
Sep 22, 2026	Tuesday	7:30 PM	U-10 Boys	Benjamin Cooper	6:00 PM	1
Sep 22, 2026	Tuesday	8:15 PM	U-15 Girls	Jorge Montero	6:00 PM	1
Sep 24, 2026	Thursday	6:00 PM	U-14 Girls	Benjamin Cooper	7:30 PM	1
Sep 24, 2026	Thursday	6:45 PM	U-13 Boys	Rafael Souza	7:30 PM	1
Sep 29, 2026	Tuesday	6:00 PM	U-8 Boys	Juan Trujillo	No regular practice that day	1
Sep 29, 2026	Tuesday	6:45 PM	U-8 Boys	Cesar Paul Hidalgo	No regular practice that day	1
Sep 29, 2026	Tuesday	7:30 PM	U-10 Girls	Andres Trujillo	6:00 PM	1

Sep 29, 2026 Tuesday	8:15 PM	U-12 Boys	Marc Lerebours	6:00 PM	1
Oct 1, 2026 Thursday	6:00 PM	U-13 Girls	Marcone Oliveira	7:30 PM	1
Oct 1, 2026 Thursday	6:45 PM	U-13 Boys	Alain Nau	7:30 PM	1
Oct 6, 2026 Tuesday	6:00 PM	U-8 Girls	Andres Trujillo	No regular practice that day	1
Oct 6, 2026 Tuesday	6:45 PM	U-8 Boys	Andres Trujillo	No regular practice that day	1
Oct 6, 2026 Tuesday	7:30 PM	U-10 Boys	Andres Trujillo	6:00 PM	1
Oct 6, 2026 Tuesday	8:15 PM	U-17 Girls	Hassan Jaddaoui	No regular practice that day	2
Oct 8, 2026 Thursday	6:00 PM	U-17 Boys	Jose Fiallos	7:30 PM	2
Oct 8, 2026 Thursday	6:45 PM	U-16 Boys	Nuno Marques	7:30 PM	2
Oct 13, 2026 Tuesday	6:00 PM	U-12 Boys	Nuno Marques	No regular practice that day	2
Oct 13, 2026 Tuesday	6:45 PM	U-12 Girls	Marcone Oliveira	No regular practice that day	2
Oct 13, 2026 Tuesday	7:30 PM	U-10 Boys	Andres Trujillo	6:00 PM	2
Oct 13, 2026 Tuesday	8:15 PM	U-11 Girls	Holger Jung	6:00 PM	2
Oct 15, 2026 Thursday	6:00 PM	U-16 Boys	Kevin Allaar	7:30 PM	2
Oct 15, 2026 Thursday	6:45 PM	U-15 Boys	Johan Santos	7:30 PM	2
Oct 20, 2026 Tuesday	6:00 PM	U-11 Boys	Kevin Allaar	No regular practice that day	2
Oct 20, 2026 Tuesday	6:45 PM	U-11 Girls	Benjamin Cooper	No regular practice that day	2
Oct 20, 2026 Tuesday	7:30 PM	U-8 Boys	Juan Trujillo	No regular practice that day	2
Oct 20, 2026 Tuesday	8:15 PM	U-11 Boys	Franky Rivas	6:00 PM	2
Oct 22, 2026 Thursday	6:00 PM	U-15 Boys	Holger Jung	7:30 PM	2
Oct 22, 2026 Thursday	6:45 PM	U-15 Boys	Corey Wilt	7:30 PM	2
Oct 27, 2026 Tuesday	6:00 PM	U-9 Girls	Steven Castro	No regular practice that day	2
Oct 27, 2026 Tuesday	6:45 PM	U-9 Boys	Paul Garraputa	No regular practice that day	2
Oct 27, 2026 Tuesday	7:30 PM	U-8 Boys	Cesar Paul Hidalgo	No regular practice that day	2
Oct 27, 2026 Tuesday	8:15 PM	U-11 Boys	Rafael Souza	6:00 PM	2
Oct 29, 2026 Thursday	6:00 PM	U-14 Boys	Hernan Corrales	7:30 PM	2
Oct 29, 2026 Thursday	6:45 PM	U-14 Boys	Glenn Vercauteren	7:30 PM	2
Nov 3, 2026 Tuesday	6:00 PM	U-9 Boys	Marc Lerebours	No regular practice that day	2
Nov 3, 2026 Tuesday	6:45 PM	U-9 Girls	Jenn Fees	No regular practice that day	2
Nov 3, 2026 Tuesday	7:30 PM	U-8 Girls	Andres Trujillo	No regular practice that day	2
Nov 3, 2026 Tuesday	8:15 PM	U-15 Girls	Jorge Montero	6:00 PM	2
Nov 5, 2026 Thursday	6:00 PM	U-14 Girls	Benjamin Cooper	7:30 PM	2
Nov 5, 2026 Thursday	6:45 PM	U-13 Boys	Rafael Souza	7:30 PM	2
Nov 10, 2026 Tuesday	6:00 PM	U-9 Boys	Glenn Vercauteren	No regular practice that day	2
Nov 10, 2026 Tuesday	6:45 PM	U-8 Boys	Lu Lopez-Navarro	No regular practice that day	2
Nov 10, 2026 Tuesday	7:30 PM	U-8 Boys	Andres Trujillo	No regular practice that day	2
Nov 10, 2026 Tuesday	8:15 PM	U-12 Boys	Marc Lerebours	6:00 PM	2
Nov 12, 2026 Thursday	6:00 PM	U-13 Girls	Marcone Oliveira	7:30 PM	2
Nov 12, 2026 Thursday	6:45 PM	U-13 Boys	Alain Nau	7:30 PM	2